



8th September 2023

To Our Lovely Grange Families,

Welcome to our first Friday Flyer of the new academic year! I hope you all had a wonderful summer, enjoying time with family and friends in the sunshine.



For those of you who are new to us, our Friday Flyer is a way of us staying in touch with you and letting you know all of our news and updates. These flyers will go out fortnightly and are published on Class Dojo, Facebook and our school website.

It has been wonderful to welcome you all back and to say a big 'hello' to our new Year R children who started school today. I really don't know where the time goes and I can't believe we are here already at the start of a new school year, with a world of possibilities ahead of us all! September is a time of change and transition and I have been so proud of how well our children in Year 1 and Year 2 have settled straight back into school with such strength, independence and resilience. In the same way, just seeing how excited and happy our new Year Rs are to be with us, has brought such a buzz to the whole school and the smiles on the staff's faces says it all.

This is going to be a busy but fun term and we have so many things planned for the children to ensure that they really do have the flying start they deserve. A huge thank you must go to all of the staff who have put so much effort into preparing the classrooms ready to welcome the children. Hopefully you all had a chance to visit your child's classroom last term but if not, our 'Meet the Teacher' sessions will be taking place next month.

It really has been so lovely to see so many of you and to hear all of your news. As always, my door is open so please let me or the amazing office team know if there is anything we can do to help. We are always here for you!

May I wish you all a wonderful and restful weekend. We can't wait to welcome you back again on Monday!  
Miss Myers ☺

**PE days: these are the new PE days that that will start next week. Please check for the day your child will have PE.**

The children will come to school in their PE kits as we no longer change in school. Please can you make sure all jewellery is removed as part of our health and safety guidance.

Please make sure all clothing is clearly named; it is amazing how easily jumpers are lost!

**Starlings and Sparrows:** *The children will not be starting PE sessions until later this term*

**Chaffinches Wagtails and Robins:** Wednesdays

**Owls and Blackbirds:** Tuesday

We would ask that PE kits consist of black shorts (or trackies when it is colder) and a plain white t-shirt. School jumpers or cardigans can be worn on top so please **avoid hoodies or other sweatshirts**. We encourage the children to wear black plimsolls or plain black trainers.



## Class Dojo



The Class Dojo app is a brilliant way of staying in touch. It's safe, secure and private but offers a platform for us to communicate with you and for you to be able to contact your child's class teacher.

Each child has their own portfolio into which photos and activities can be uploaded. The class page keeps you up to date with what's happening and often has photos of what the children have been up to that day.

If you haven't yet joined your child's class, please check 'clutter' in your emails for the invite or speak to your child's class teacher for details. The lovely office team are also available to help.

## School Uniform

It has been lovely to see the children looking so smart in their uniform!

The office is well stocked with everything you need. We also have a large amount of good quality, second-hand uniform available, so let the office know if you need anything or pop in to have a look at the selection in our reception/ entrance area.



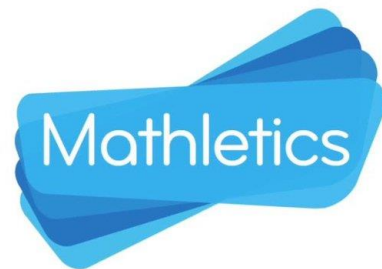
## Loving Home Learning

Children in Year 1 and Year 2 will soon be able to access Mathletics and Oxford Owl at home to help support the learning they are doing at school.

Mathletics gives them the chance to practise skills they've learnt in class, as well as experience a bit of healthy competition with other users.

Oxford Owl is a great resource for accessing online reading and e-books and developing that passion for reading.

All of the children have their own login and if these haven't already been sent out, they will very soon! Please contact your child's class teacher on Class Dojo if you would like these sent out again.



## Parking outside of school

Unfortunately, our car park is reserved for staff only, so we ask that families do **not** access this car park during school hours.

It has been noted that some vehicles are parking near to the school gate and driveway on Franklin Road which is causing a hazard for families who are crossing this road. Please make sure you are legally parked if you have to drive to the school. We do encourage all of our families to walk if they can!

## Things to look forward to!

**Wednesday 13<sup>th</sup> September:** Raptotoxics visit Owls and Blackbirds  
*Please check the letter sent out*

**Week beginning 25<sup>th</sup> September:** Robins, Chaffinches and Wagtails visit St Mary's church

**Friday 29<sup>th</sup> September:** Macmillan coffee morning

**Monday 2<sup>nd</sup> October:** Flu Nasal Spray for children

**Week beginning Monday 2<sup>nd</sup> October:** Meet the teacher for Year 1 and Year 2. *More details to follow- Year R will be after half term*

Harvest Assembly for children and staff *We will be asking for food donations soon*

**Friday 20<sup>th</sup> October:** School closes for the half term break

**Monday 30<sup>th</sup> October:** School re-opens for Autumn 2

**INSET dates for this year- we like to give you plenty of warning so you can prepare!**

**Friday 18<sup>th</sup> February:** Common closure day for Gosport and Fareham schools

**Friday 7<sup>th</sup> July:** Transition planning

**Tuesday 22<sup>nd</sup> July:** Behaviour and restorative practice



## A Summer of Firsts!

Our Vision for the school is 'A Flying Start' and this really underpins everything we do to give your child the very best start to their school years. We pride ourselves on the nurturing and welcoming approach we have to education as well as our strength in inclusivity and recognising every child for their uniqueness and individuality.

I have been asking for children to share any 'firsts' that they experienced over the summer break and for families to send in photographs for our display in school. This could be anything from losing a first tooth to paddle boarding, from learning to swim to making a cake!

Thank you to those of you who have already sent photographs in. The display in our main corridor is starting to come together and is a great talking point for the children and the grown-ups!

If you have any 'firsts' that you would like to share, please email them to me at: [s.myers@grange-inf.hants.sch.uk](mailto:s.myers@grange-inf.hants.sch.uk)

Thank you- I can't wait to see what the children have been up to!



### **Weekly attendance: Cool to be In School**

Each week, attendance is tracked across the school and on a Friday the class with highest attendance for that week, gets a certificate. At the end of each term, we look at who has had the best attendance overall and that class gets to choose an item for their class such as a new game.

**This week the winners are: Robins at 95.74%!**

Congratulations and well done for your great attendance this week.

Don't forget, the more you're in school, the more learning you can do!

**As a school, we have a responsibility and a duty of care to ensure that children attend school regularly and that attendance is good. Where attendance drops, we will make contact with parents and carers and work with you to get attendance back on track.**

**Should your child be unwell and unable to attend that day, please contact the office to let us know and this will be recorded on our registers.**

**During out of office hours, you will be able to leave a message.**



### **Holidays during Term Time**

Attendance is so important in your child's educational development and so we always ask our families not to take holidays during term time.

Holidays taken will go down as an 'unauthorised absence' and will affect your child's overall attendance percentage.

You are also at risk of being issued a fine/ fixed penalty notice.

Use this link for more information:

<https://www.gov.uk/school-attendance-absence>

## Wow Writers and Proud Pot:

Every Friday, we have a whole school celebration assembly where we find out about the amazing things the children have been up to. Each class will put forward one child for their 'wow writing' and one child who has done something that they are really proud of. Year R will join the rest of the school soon! A big congratulations to the following children who have excelled this week and been the very best they can be!

# Wow & Proud

Grange Infant School  
A Flying Start

## Congratulations

Love of Learning

Effort from within

### Sparrows

A warm welcome to you all!  
Well done for your first day.  
Year R will join Wow & Proud soon.

### Starlings

A warm welcome to you all!  
Well done for your first day.  
Year R will join Wow & Proud soon.

### Chaffinches

Wow Writer goes to **Evie T** for writing about what she wants to do when she grows up!  
Proud Pot goes to **ALL the Chaffinches** for having a super 1st week!

### Robins

Wow Writer goes to **Mila-Rose** for writing independently!  
Proud Pot goes to **Kady** for demonstrating great Nurture and Care which is one of our school values!

### Wagtails

Wow Writer goes to **Jennifer** for writing about what she wants to do when she grows up!  
Proud Pot goes to **Kamsi** for super effort in her writing!

### Blackbirds

Wow Writer goes to **Eliza** for writing about why she is incredible!  
Proud Pot goes to **Aiden** for designing a fantastic dragon puppet!

### Owls

Wow Writer goes to **Aimee** for writing about why she is incredible!  
Proud Pot goes to **ALL the Owls** for having an amazing first week back!

## Lunchtimes at Grange Infants

All children from Year R to Year 2, are entitled to a free hot dinner every day as part of the Government scheme, Universal Infant Free School Meals, UIFSM. This scheme aims to ensure that every child has access to a healthy, balanced hot meal every day. Not only are they learning healthy life-style choices, but they are also developing essential behaviour and social interaction skills. In the current financial crisis, it also ensures that no child goes hungry and looks to support all families with the challenges of balancing family finances.

Grange Infant School provides these meals through HC3S. All meals are carefully planned to deliver nutritious meals and the opportunity for all children to explore different tastes and flavours as well as firm favourites.

Children decide on the day whether they are having a red or green dinner but it is always helpful to talk to them before school about the choices.

Of course, there will be days when some children may prefer a home packed lunch and this is absolutely fine, but we do strongly encourage our families to opt for the hot dinners as much as possible. Below is a helpful guide to healthy packed lunch options. We ask for families to not add more than one chocolate item and to ensure that there is a balance between starchy foods such as bread, fruit and vegetables, dairy and protein. Please do not add any sweets.

Thank you! Don't forget to ask the office for more details of the UIFSMs 😊



# Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



## 1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

**Choose ONE EVERY DAY from:**

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes

Choose wholegrain



Use a thermos flask to keep lunch warm



Get kids involved in the kitchen / packing

## 2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

**Choose TWO EVERY DAY from:**

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



Add salad to your sandwiches



Use a thermos flask for delicious soups

## 3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

**Choose ONE EVERY DAY from:**

- ✓ Milk
- ✓ Cheese - hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



Choose low sugar dairy products



Reduce sugar: choose plain yoghurt and have fruit on the side

## 4 Protein Foods

for growth and repair

Pack a protein punch!

**Choose ONE EVERY DAY from:**

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



Keep processed meat to a minimum

Choose oily fish like salmon once every 3 weeks



Use a thermos flask for delicious soups

## 5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk - or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie

Milk, water or 150ml juice



## Occasionally!

- Meat products such as sausage rolls, pies, sausages
- Plain cakes/ sponges and biscuits of appropriate portion sizes



Plain cakes occasionally

For more healthy packed lunch ideas and recipes visit [www.phunkyfoods.co.uk/recipes](http://www.phunkyfoods.co.uk/recipes)