



2023/24

Fareham & Gosport School Nursing Team
Southern Health NHS Foundation Trust
Unit A3, Alpha Court
Segensworth Business Centre
Fareham
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Tel: 01489 554 991

## Dear Parents/ Carers,

During the first year of school your child will be offered a health review consisting of vision screening and height and weight measurements.

The vision screening is specifically designed for children to help detect early vision problems; it is not a full examination. You will be required to complete a consent form which will be coming home with your child tonight. Please return the form to school office as soon as possible. The vision screen involves your child naming and matching letters or pictures to check whether they can see from a set distance. If your child has difficulty seeing the letters or pictures, their eyes will need to be checked by an optician or orthoptist (eye specialist) for a further assessment. The school nurse team will inform you of the results and contact you should a possible concern be identified. The results of your child's vision screening will be held on your child's health record.

If you feel this is not required for your child please indicate this on the consent form, this may be because they are already seeing an optician, orthoptist at the eye hospital, wearing glasses or would not be able to complete this screen in school.

A separate letter will be sent to you via school from Hampshire County Council with information regarding the height and weight measurements as this is carried out as part of the National Child Measurement Programme (NCMP). You are able to opt your child out of NCMP and details about this will be in the NCMP letter.

If you wish to contact your School Nursing Team for further advice, you can do this using their text messaging service called ChatHealth 5-19. Parents and carers can text their query to a dedicated number, which a health professional will respond to within one working day. This text messaging service is an easy way for parents and carers to ask for help and information with a range of issues such as hearing, sleep, behaviour, transition to school. The support that we offer may include signposting you to other services, as necessary.



For parents with school age children: Text 07507 332417.

Text messages sent to the ChatHealth numbers will be charged at your normal call rate.

The service is available from 9am – 4:30pm Monday -Thursday and 9am-4pm Friday (including school holidays and excluding bank holidays.)

Alternatively, you can contact our school nurse service via telephone on 01489 554 991

Yours faithfully

0-19 Public Health School Nursing Service

