



Grange Infants

PE Support

Autumn 2 2022

This half term I have been working with Year 1 on an Agility unit. The children have learnt that being able to move in different ways and different speeds, is really important for their future participation in a variety of sports. A popular game was working with a partner to make an 'agility pattern' with cones and then show the rest of the class their ideas. We also used a variety of equipment, such as the agility ladders to improve their different foot patterns. Well done year 1 for showing great progress in their agility and for such enthusiasm in their learning.







'I liked the ladders because I liked the side steps and I like doing PE.' Eowyn

'My favourite was the ladders because we can jump and I love PE because it gets our body moving.' Ellie

'My best was the ladders for jumping and climbing because they are so easy.' Archee

'I liked when we did football, you can kick and dribble, like the footballers on the screen.'
Louie

Also this half term I have been continuing with multi-sports club after school. The children have tried a variety of sports, including hockey, basketball, football and multi-skills. A particularly popular session was gymnastics, when we got out the ropes and wall bars.





Sally Serridge – Primary P.E. Specialist