



Grange Infants

PE Support

Spring 1 2023

This half term I have been working with Year R on a ball skills unit.

We started with balloons, just trying to keep them off the floor using different parts of their bodies. This was a very popular activity and so much fun! Then the children moved onto using balls, trying out similar skills, such as throwing the ball in the air and trying to clap before catching it.

The next progression was working with a partner, learning how to throw and catch. We also tried some basic football skills. Well done to all of Year R who showed great enthusiasm for their learning and really enjoyed all the different activities.





'I liked playing with the balloons and trying to keep them off the floor.' Jaxson

'I liked Mr Tall because he's very, very tall and he can reach up the wall.' Kaycee-Mae

'My favourite was throwing the ball to my other hand and the balloons, trying to keep them up.' Adi

'The balls were my favourite because I liked to roll them and catch them.' Kaydesh

Also, this half term has seen the return of after school sports club.

Each week the children take part in a different sport or activity.

So far, they have enjoyed playing with balloons and practising their balls skills.

