

Grange Infant School -PE policy

Rationale

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Schools need to provide a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. Opportunities should be provided for pupils to become physically confident in a way which supports their health and fitness and to compete in sport and other activities that build character and help to embed values such as fairness and respect.

And by the end of year R...

- Children at the expected level of development will: - Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

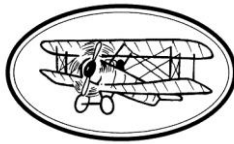
Aims

Grange Infants aims to provide high quality physical education and sport provision that develops the knowledge and skills necessary for social, emotional and physical well-being in all our children now and for their future. It is our vision for every pupil to work hard, show resilience and succeed as well as to lead physically active lifestyles. Our aim is to provide an inclusive, broad and balanced PE curriculum that ensures ALL children will benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports and after school clubs.

Provision

The following areas are being taught within the school:

- **Dance**
- **Ball skills**
- **Gymnastics**
- **Athletics**
- **Team games**



Children at Grange participate in twice-weekly inclusive, high quality and active PE and sporting activities. Our PE programme incorporates a variety of skills to ensure all children develop the confidence, tolerance and appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities after school and a 'daily mile' brain break during the school day to promote physical health and well-being. The Complete PE interactive planning and assessment resource supports high quality teaching and learning across all key stages, meeting the requirements of the Early Years Foundation Stage and National Curriculum. A specialist PE teacher is also used weekly for CPD of staff, giving them the skills and confidence to teach effective lessons.

Balance

Key Stage one have two sessions on PE per week with a focus on two different skills every half term.

Reception currently have one session of PE, however their environment is set up to fully support gross and fine motor development. Children also have access to bikes and scooters daily.

The PE co-ordinator creates a long term plan for the whole school taking topics into consideration and skills progression from Year R to Year 2.

Resources

A termly audit is undertaken to ensure the correct resources are in place for each key skill in each year group.

SEN

SEN children will have provisions made for them to ensure that they can participate fully and inclusively in physical activities.

Gifted & Talented

Gifted and Talented pupils are already identified within the school and are catered for within medium term plans through differentiation. After school clubs are available to give children the opportunity to develop these skills further.

Health & Safety

Health and Safety is an important issue within Physical Activities especially in regards to exercising, carrying equipment and the risk of injury. All health and safety issues including risk assessment are addressed in medium term plans and must be looked at before each unit of work is taught.

Assessment, Recording and Reporting

An assessment is made for each child using the Complete PE online platform. It is clear on the whole school long term plan which key skills must be assessed and when.

Policy updated: October 2021

Review Date: September 2023