



Dear Families,

After half term we will be starting our weekly PE lessons. As part of this children will need to bring in a PE kit to school on the first day back (Tuesday 4th November). This PE kit will stay in school and be sent home to wash at the end of the half term.

Each child's PE kit must include:

A white t-shirt or polo shirt

Black sports shorts

Black plimsoll shoes



The PE bag must be clearly named as well as all the items inside please. The bag will be staying on the children's pegs so please provide a small drawstring bag or carrier bag and not a large rucksack.

Children will be changing in the classroom together. Adults will support with independent dressing and un dressing – children will have their own space to do this. **Ensuring all items of clothing are named will help with returning belongings to the right child.**

Earrings must be removed on PE days please. If a child has had their ears freshly pierced, we can provide medical tape.

Sparrows PE day – MONDAY

Starlings PE day – TUESDAY

Over half term it would benefit your child to practice getting dressed and un dressed by themselves if this is something they are not yet confident with.

If you have any questions, please speak to your child's class teacher.

Many thanks

The Year R team 😊